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## Increased Oxidative Injury in Erythrocytes after Paraquat Exposure is correlated with Declined Enzyme Activity and Reduced Zinc Level

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**Abstract** Non-selective contact herbicide of paraquat (PQ) is worldwide used for controlling wild plants in agriculture due to its enormous properties such as cheaper price and effective. PQ toxicity has been evidenced in involving the generation of reactive oxygen species (ROS). Zinc (Zn) can exert protective ability in cells due to its anti-oxidative property. This present research attempted to realize whether PQ-induced oxidative stress in erythrocyte is responsible for the alterations of Zn level together with antioxidant activity. Experimental rats were divided into four groups of 10 each and treated with a single, intraperitoneal injection of PQ at the dosages of 0, 10, 20, or 40 mg/kg, respectively. Erythrocytes were obtained via cardiac puncture after 24 h post-injection. Experimental results showed that an opposite correlation between PQ-treated dosage and Zn level were observed in erythrocytes. The oxidative biomarker of the malondialdehyde (MDA) level was increased in parallel with PQ-administrated dosage. Meanwhile, a negative correlation between PQ dosage and enzyme activities of superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPX) were found in the present work. Taking together, it seems likely to suggest our present findings that increased oxidative injury after paraquat exposure in erythrocytes is correlated with reduced Zn concentration and decreased enzyme activity.

**Keywords** Oxidative injury, Paraquat, Zinc, Malondialdehyde, Enzyme activity

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### Introduction

Non-selective contact herbicide of paraquat (PQ) is extensively used to remove wild plants in the public environment [1-3]. Based on its cheaper price as well as fast action, PQ is still commonly used in agriculture worldwide [4-6]. Study has clearly suggested that PQ toxicity is involved in the generation of toxic reactive oxygen species (ROS) [7-8]. Animal study shows that a large number of ROS produced by PQ can bind to biomolecules such as nucleic acid, protein and lipid membrane. Given the fact, further adversely oxidative lesion such as lipid peroxidation occurs [6-9].



It has been recognized that essential metal of Zinc (Zn) possesses a large spectrum of beneficial roles for cellular metabolism. In addition to this, other beneficial effect such as anti-inflammation and anti-oxidation has been reported previously [10-12]. Former definite animal experiment indicates that a statistical decrease of the Zn concentration was observed in human disorders such as cerebral ischemia [12-14]. In this regards, it is thereby obvious to note that decreased Zn concentration is disadvantageous and harmful to the live organisms.

Antioxidant enzyme of SOD, CAT, as well as GPX, has been recognized in attenuating ROS-induced oxidative stress and protects the cells from further oxidative damage [15-17]. In contrast, decrease in which activity is realized to be deleterious to the cells [16-17]. PQ intoxication mainly results in hypoxia due to the damage of erythrocytes [17]. Previous study has suggested that erythrocyte is known as a suitable *in vivo* model for assessing ROS-mediated cellular lesions [15-17]. This present study wanted to investigate whether PQ-induced oxidative stress in erythrocyte is correlated with the changes of the Zn level and antioxidant activity.

## **Materials and Methods**

### **Animal preparation and harvest of erythrocytes**

In this study, forty male Sprague-Dawley rats, weighing from 220-270 g were encompassed in this work. All animals were purchased from the National Laboratory Animal Breeding and Research Center (Taiwan). The protocol of this present work was approved by the Institutional Animal Care and Use Committee (IACUC). All rats were housed under controlled conditions ( $22 \pm 2^\circ\text{C}$ ,  $50 \pm 20\%$  relative humidity, 12-h light-dark cycle). One week after caging, rats were randomly divided into four groups of 10 each and injected intraperitoneally (i.p.) with a single dose of 0 (saline as control), 10, 20, or 40 mg/kg of PQ purchased from Sigma Chemical Co (St. Louis, MO, USA), respectively. Twenty-four hours after treatment, the whole blood samples were collected in heparin-containing anticoagulant tubes via directly cardiac puncture technique. The harvested blood samples were immediately centrifuged at  $4^\circ\text{C}$  for 10 min at 650 g and the plasma was discarded. The erythrocyte samples were obtained after washed for three times with ice-cold isotonic saline solution and centrifuged at  $4^\circ\text{C}$  for 15 min at 650 g in the present work.

### **Measurement of the malondialdehyde (MDA) concentration in erythrocytes**

The end-product of malondialdehyde (MDA) from lipid peroxidation was measured to act as a marker of oxidative stress. The thiobarbituric acid (TBA) reagent was purchased from E. Merck (Germany) and used for MDA analysis. In short, the MDA level was assayed according to the method of Sunderman *et al.* [18]. The 1, 1, 3, 3-tetra ethoxy propane (TEP) reagent was used as a standard solution in the reaction with thiobarbituric acid-reactive substance (TBARS). Presently, 2 ml of erythrocyte sample was used, and this method is rely on the determination of the pink color that is produced by the interaction of TBA with the MDA. The spectrophotometer (Thermo Scientific Multiskan Spectrum, USA) was used to measure the MDA level at the wavelength of 532 nm in the present work. Hemoglobin (Hb) assay kit (Cayman Chemical Company, USA) was used and the concentration was determined by the instrument of spectrophotometer at a wavelength of 540 nm.

### **Determination of the Zinc level in erythrocytes**

The harvested erythrocytes were digested with ultra-pure grade solution of nitric acid for essential metal analysis. All containers were soaked with 50% nitric acid purchased from Merck (Germany) and rinsed with ultra-pure deionized water collected from the Milli-Q system (Millipore, USA) followed by drying for later use. The standard solutions (1000  $\mu\text{g/ml}$ ) of analyzed metals were purchased from Merck (Germany) and dissolved in ultra-pure grade solution of nitric acid. Essential metal level of Zn was assayed at the wavelength of 213.9nm via SavantAA Z graphite furnace atomic absorption spectrophotometer (GBC Scientific Equipment Pty Ltd., Melbourne, Australia) in the present work.



### Analysis of the antioxidant enzyme activity

The obtained erythrocytes were lysed in four times its volume of ice-cold water and were centrifuged at 4°C for 15 min at 10000 g. After washing completely, the supernatants were collected for enzyme activity analysis. In short, the SOD activity was assayed based on the method of the Cayman superoxide dismutase assay kit (Cayman Chemical Company, USA). The tetrazolium salt was utilized for the measurement of superoxide radicals produced by xanthine oxidase and hypoxanthine. The Cayman catalase assay kit (Cayman Chemical Company, USA) was used to determine the CAT activity. The principle of CAT activity is based on the reaction of the enzyme with methanol in the presence of hydrogen peroxide. The produced formaldehyde was analyzed with 4-amino-3-hydrazino-5-mercapto-1, 2, 4-triazole as the chromogen. The detective principle of the GPX activity is that the GPX catalyzed the oxidation of glutathione by cumenehydroperoxide. In the presence of glutathione reductase and NADPH, the oxidized glutathione is immediately converted into a reduced form with concomitant oxidation of NADPH to NADP<sup>+</sup>. The resulting reduce in the absorbance at the wavelength of 340 nm was assayed. The above enzyme activities were measured by spectrophotometer (Thermo Scientific Multiskan Spectrum, USA) and expressed in terms of U per g of Hb. The experimental values were expressed as mean  $\pm$  S.D. and the obtained data were analyzed using the statistical tests of one-way analysis of variance (ANOVA). Once the obtained data showed significant differences among the subject means, each subject was compared using the Fisher's least significant difference (FLSD) test. The p-value of less than 0.05 in the present work was considered statistical difference.

## Results

### Essential metal value of Zn in erythrocytes

Essential metal concentration of Zn was  $0.48 \pm 0.02$ ,  $0.45 \pm 0.02$ ,  $0.41 \pm 0.02$ , and  $0.31 \pm 0.02$   $\mu\text{g/gHb}$  in PQ-treated dosages of 0, 10, 20, and 40mg/Kg, respectively (Figure 1). Prominently, an opposite association was seen between PQ-administrated dosage and Zn concentration.

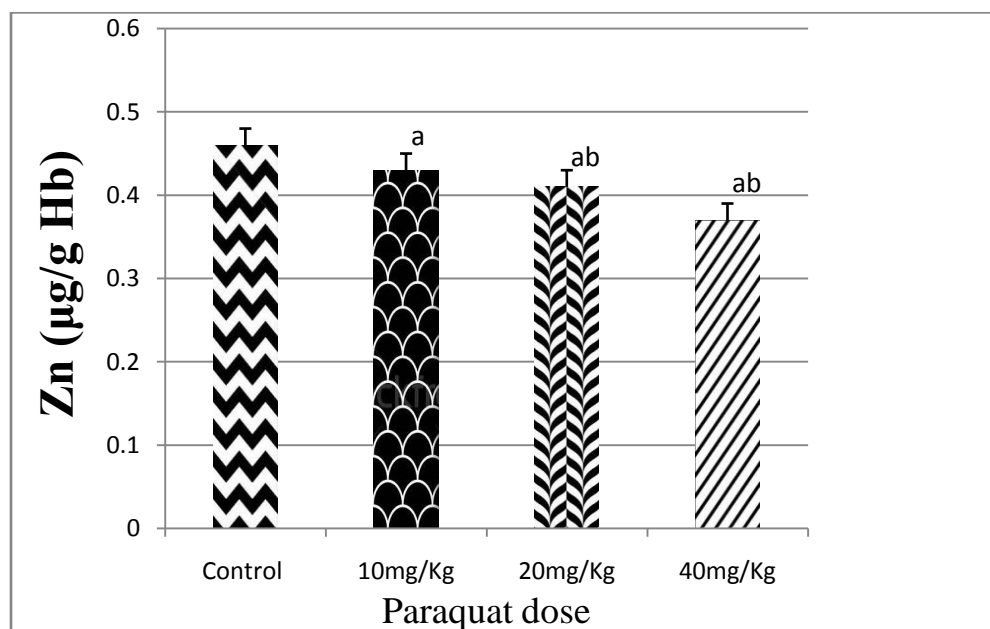


Figure 1: Profiles of Zn level in erythrocytes. Data were expressed as mean  $\pm$  S.D. (N=40)

One-way ANOVA followed by Least Significant Difference was used presently.

a: Significant difference ( $p < 0.05$ ) from control subjects. b: Significant difference ( $p < 0.05$ ) from 10mg/kg of paraquat-treated group.



### Enzyme activity of SOD, CAT, and GPX in erythrocytes

First of all, the SOD activity in PQ-treated dosages of 0, 10, 20, and 40mg/Kg was  $905 \pm 71$ ,  $750 \pm 80$ ,  $774 \pm 90$ , and  $646 \pm 69$  U/g Hb respectively (Table 1). The CAT activity in control and PQ-treated dosage of 10, 20, and 40mg/Kg was  $150 \pm 14$ ,  $137 \pm 12$ ,  $113 \pm 10$ , and  $100 \pm 6$  U/g Hb, respectively as listed in Table 1. Finally, the GPX activity in PQ-treated dosages of 0, 10, 20, and 40mg/Kg was  $28.3 \pm 2.6$ ,  $25.2 \pm 3.3$ ,  $20.5 \pm 2.6$ , and  $20.7 \pm 2.5$ , respectively (Table 1). Obviously, PQ significantly ( $P < 0.05$ ) reduced these three enzyme activities in erythrocytes in a dose-dependent manner.

**Table 1:** Antioxidant enzyme activity of CAT, SOD, and GPX in the erythrocytes

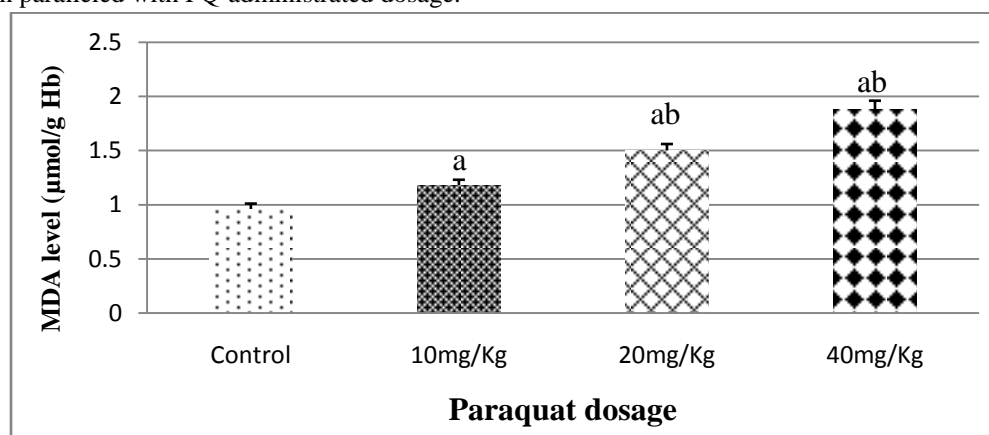
Antioxidant enzyme	Paraquat-treated dosage (mg/kg of body weight)			
	Control	10	20	40
SOD (U/g Hb)	$905 \pm 71$	$750 \pm 80^a$	$774 \pm 90^{a,b}$	$646 \pm 69^{a,b}$
CAT (U/g Hb)	$150 \pm 14$	$137 \pm 12^a$	$113 \pm 10^{a,b}$	$100 \pm 6^{a,b}$
GPX (U/g Hb)	$28.3 \pm 2.6$	$25.2 \pm 3.3^a$	$20.5 \pm 2.6^{a,b}$	$20.7 \pm 2.5^{a,b}$

<sup>a</sup>Significant difference from the control subjects ( $p < 0.05$ ).

<sup>b</sup>Significant difference from 10mg/kg of paraquat-treated group ( $p < 0.05$ ).

### Malondialdehyde (MDA) concentration in erythrocytes

As shown in Figure 2, the MDA value in PQ-administrated dosages of 0, 10, 20, and 40mg/Kg was  $0.85 \pm 0.05$ ,  $1.06 \pm 0.05$ ,  $1.40 \pm 0.06$ , and  $1.76 \pm 0.08$   $\mu\text{mol/gHb}$ , respectively. Obviously, the MDA level was significantly ( $P < 0.05$ ) increased in paralleled with PQ-administrated dosage.



*Figure 2: Profiles of MDA level in erythrocytes*

Data were expressed as mean  $\pm$  S.D. (N=40). One-way ANOVA and Least Significant Difference test was used. a: Significant difference ( $p < 0.05$ ) from control subjects. B: Significant difference ( $p < 0.05$ ) from 10mg/kg of paraquat-treated group.

### Discussion

It has been well-recognized that essential metal of Zn is required for all living organisms for their biological functions [10]. Based on its anti-oxidative ability, the essential metal of Zn can attenuate ROS-induced lesion [11]. In turn, depletion of the Zn level has been documented in declining the above protective ability [10-11]. Preceding in vivo study has suggested that depletion of the Zn level is responsible for an increased inflammatory effect and elevated lipid peroxidation effect observed in rats [11]. Another animal research has suggested that bovine with tropical theileriosis is correlated with a decreased Zn concentration [12]. In vivo study has indicated that deficiency in Zn level can induce oxidative stress and results in AP-1 activation in 3T3 cells [13]. Furthermore, the clinical investigation has revealed that patients with liver hepatitis or liver cirrhosis emerge Zn deficiency [14]. Our experimental result showed that intracellular Zn concentration in erythrocytes was opposite to PQ-treated dosages as



listed in Figure 1. Diminished Zn concentration seems may enhance oxidative stress and promotes further oxidative injury. These adverse effects may be due to a weak anti-oxidative ability. As a result, further deleterious lipid peroxidation effect and oxidative cellular injury occur, and our experimental result was in agreement with the previous research.

PQ herbicide is commonly used in agriculture and the public environment due to its enormous benefits such as fast action, cheaper price, as well as rapid deactivation once contacts with soils [1-2]. It has been documented that PQ poisoning may generate ROS including superoxide radicals, hydrogen peroxide, as well as hydroxyl radical [2-3]. In vivo study has pointed out that erythrocyte is the most sensitive cell in the bloodstream after PQ ingestion [3]. PQ intoxication not only can interact with the membrane lipid of poly-unsaturated fatty acid but also can promote deleteriously lipid peroxidation effect [4]. Our experimental observations demonstrate that the MDA was positively increased in parallel with the PQ-administered dosage as showed in Figure 2, and the trend of our present finding was consistent with the former investigation.

Normally, a balance between oxidants and anti-oxidants is strictly controlled within the cells. As mentioned previously, oxidative stress is also realized as an imbalance between the intensity of ROS and its elimination. In other words, proper antioxidant activity is beneficial for the cells in scavenging toxic ROS. There are three major antioxidant enzymes which are existed in erythrocytes including superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPX) [15-17]. The SOD enzyme catalyzes the toxic superoxide radicals into the oxygen and the hydrogen peroxide [16-17]. CAT is found abundantly in erythrocytes and it can convert hydrogen peroxide into oxygen and water [18]. The GPX enzyme converts the toxic hydrogen peroxide into the non-toxic water and oxygen [19]. The previous study has pointed out that erythrocytes exposed to the PQ can generate toxic free radicals and contributing lipid peroxidation as presented by an elevated MDA level [20]. Prominently, our present data showed that the activities of these three antioxidants were opposite to the PQ-administrated dosage as listed in Table 1. Former in vivo study has proposed that cells expose to higher PQ dosage significantly inhibited the SOD activity [21]. Meanwhile, administration of mice with PQ results in a decreased SOD activity [22-23]. Therefore, it seems reasonable to state our present finding here that PQ exposure can inhibit SOD activity. In vivo investigation has indicated that CAT enzyme is mainly existed in erythrocytes and its activity can be inhibited by PQ [24]. Our experimental results suggested that a negative correlation was seen between the CAT activity and PQ-treated dosage. Similar to the patterns of SOD and CAT, the GPX activity in erythrocytes was opposite to the PQ-treated dosage. Previous studies have suggested that PQ exposure may result in a decreased GPX activity and this effect is due to the enzyme inactivation [25-27]. Accordingly, our experimental observations suggest the trend that PQ exposure may exactly inhibit these three enzyme activity in a dose-dependent phenomenon.

## Conclusions

Our present investigation suggests that proper zinc concentration and antioxidant activity are important in preventing erythrocytes from further oxidative attack and injury. Conversely, perturbation of which levels is thinkable to be enhanced the oxidative cellular injury in erythrocytes. Based on our present findings, it seems possible to note here that attenuated zinc concentration together with declined antioxidant enzyme activity in erythrocytes, at least in part, may be correlated with paraquat toxicity.

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